

Course Outline and Details

Course Code	15007Y25	Title:	Counselling L2
Time and duration		Location	
Start Date:	27 February 2026	Grays Area	
Start Time: 09:30	End Time: 14:45	Grays Area	
Start Day:	Friday		
No. of Lessons:	17	Grays	
No. of Weeks:	17	Essex	
Total No. of Hours:	89.25	RM17 5DD	E: tacc@thurrock.gov.uk

Description

This course is for individuals interested in gaining the necessary skills to use counselling techniques in a professional and ethical manner. It will prepare you to offer assistance, guidance, and support in various settings.

What will I learn?

This portfolio course will develop your knowledge and skills to support progression to further learning and training in Counselling Skills. It is also suitable for learners who wish to develop counselling skills to support their daily work for example in the field of health and social care.

Entry Requirements

A skills scan is required

What do I need to bring?

Your tutor will let you know at the first session what you will need to provide for the course. We advise you not to purchase anything before your first lesson as we are unable to refund the cost of these in the event of a course is cancelled.

You will need to bring the following to each session:

- Pen, pencil, ruler
- Note paper/pad
- Folder for handouts and notes

What support is available?

You can arrange to see an information, advice, and guidance (IAG) advisor for career guidance and support.

The Discretionary Learning Support Fund (DLSF) can be used to help with travel costs and other expenses, our Learner Experience Team can support you with your application.

If you require any additional support or have any special requirements that you have not already told us about, please inform us as soon as possible by emailing: TACC@thurrock.gov.uk a member of our Learning Support team will contact you to talk about these confidentially.

Please advise your tutor of any medical or health issues that may impact on your learning or your safety whilst attending the college.

What is expected from me?

To attend all classes and commit to 3 hours of independent learning each week.

Key dates

Courses run mainly from September to February or February to July.
No sessions will take place during college holidays.

Additional information

If any part of this course is online; access to a computer or laptop which uses Google Classroom, would be essential. Learners may have the option to loan a Chromebook for the duration of the course, please discuss this with your tutor at the start of your course.

What can I do next?

The qualification supports progression to qualifications in Counselling at a higher level.